FRANCE: PARIS & BRITTANY - CREATIVE WRITING TOUR 2011



Day 1 Thu 28 Apr JOHANNESBURG - PARIS Depart on AF 995 at 19h30 Day 2 Fri 29 Apr **PARIS** 06h50 Arrive Paris CDG at Met and transferred to hotel - en route short orientation tour of Paris. Arrive hotel 12h30 After check-in time to freshen-up Lunch time - Meet for briefing of schedule Guided literary walk through the 5th & 6th arrondisement 15h00 Writing Course:

- Introduction to the programme
- Expectations and goals
- Tools to unlock creativity
- Exercise one: Atmosphere. Record sensory impressions
 Dinner at a local restaurant: <u>Vagenade</u> or similar
 Overnight: Paris Hotel Littre 4* (B&B) or similar

The hotel Le Littre is located on the famous Left Bank of Paris, near Saint Germain des Pres and within the famous Montparnasse district, the new paris left bank area for fashion designers and trendy shops www.hotellittreparis.com



Day 3 Sat 30 Apr PARIS



After a leisurely breakfast meet in foyer at

10h30

- Meet before the morning outing to collect assignment and set second exercise
- Exercise two: Form, observation, detail & description. Write a descriptive passage/haiku

Visit Shakespeare and Company bookstore then the Marais district to visit Victor Hugo's house

Wander along the Rue Rivoli to look at bookstores and have famous hot chocolate at Angelica's.

Dinner at a local restaurant : La Coupole - or similar

Overnight: Paris - Hotel Littre 4* (B&B)

Day 4 Sun 01 May

PARIS - Café / Bar scene - haunts of famous literary figures (Cost: €25 - €55 per venue - Own account)



After a leisurely breakfast meet in foyer at Split into groups to visit the following cafes:

10h00

- La Closerie de Lilas / Le Dome / Dingo Bar /Le Falstaff
- Brasserie Lipp / Café de Flore / Les Deux Magots
- Exercise three: Character and point of view. Café exercise: Character study

Dinner at a local restaurant – <u>Le Procope</u>

Overnight: Paris – Hotel Littre 4 * (B&B) – or similar

Day 5 Mon 2 May PARIS -(Giverny) - BRITTANY (St Malo)

After breakfast depart by coach + guide to Giverny Morning Visit Giverny and Monet's garden



Back by coach to Gare Montparnasse for train to St Malo

Exercise four: Writing prompts. Sensory images
 Dinner at local restaurant 'La Corderie' or similar

Overnight: St Malo - Hotel Alba 3* B&B

Day 6 Tues 3 May

St Malo - at leisure



Morning walking visit to the Market

<u>St Malo</u> is the most visited place in Brittany, thanks more to its superb old **citadelle** than the ferry terminal. From outside the walls, the dignified old city might seem stern and forbidding, but passing through into the streets within the walls brings you into a busy, lively and very characterful town, packed with hotels, restaurants, bars and shops

• Exercise five: Dialogue

Dinner at a local restaurant – La Pêcherie or similar

Overnight: St Malo - Hotel Alba 3*

Day 7 Wed 4 May

St Malo – at leisure

Day to relax and write – workshop (own arrangements)



- Workshop: the craft of writing, common mistakes, writing tips
- The power of your personal story

- Themes in your life; finding your writing voice
- Techniques: rapid writing, zoom lens, branching
- Exercise six: obsessions, letter to self
- Feedback on assignments

Dinner at a local restaurant – Taverne de Commerce or similar Overnight: St Malo - Hotel Alba 3*



Day 8 Thu 5 May

Visit Mont-St- Michel and King Arthur's Forest Also visit Chateau de Comper en Broceliande





The Golden Tree, The forest of Broceliande in Paimpont

Mont- St - Michel built between the 11th and 16th centuries, is now a UNESCO Heritage site. Perched on a rocky islet in the midst of vast sandbanks exposed to powerful tides between Normandy and Brittany stand the 'Wonder of the West', a Gothic-style Benedictine abbey dedicated to the archangel St Michael, and the village that grew up in the shadow of its great walls

Exercise seven: Imagination, archetypes. Write your fairy story
 Lunch – own arrangements
 Dinner at a local restaurant

Day 9 Fri 6 May

St Malo – at leisure Final workshop – consolidation en relaxation

- Journaling guidelines; free writing
- Exercise eight: Beginnings and endings
- Feedback

Evening: **Farewell dinner** - <u>Les Embruns</u> or similar Overnight: Hotel Alba 3*

Day 10 Sat 7 May

St MALO - PARIS - JOHANNESBURG

Morning at leisure, transfer to station – train to Paris Met at station by coach and transferred to CDG

Depart Paris on AF990 at 23h20

Day 11 Sun 8 May

Arrive Johannesburg early morning

_____ END OF TOUR _____

COST: Based on a minimum of <u>15 paying</u> passengers

R35,424 per person sharing R41,577 single accommodation

<u>Cost includes</u>: - Return flights in economy class on Air France from

Johannesburg

- Accommodation in 4* hotel in Paris / 3* Hotel St Malo

- Breakfast & Dinner daily

Coach and driver for transfers and visits as per itinerary

English speaking guide for transfer arrival day and Giverny visit

- Dinners including mineral water and ½ bottle wine pp

- Visit Paris Metro pass

Return train tickets Paris – St Malo

- Entrance fees and visits as per itinerary

<u>Cost excludes</u>: - Meals, drinks not specified

Travel Insurance

- Visa costs

- Domestic airfare - connecting flights in S.Africa

- Items of a personal nature such as drinks, laundery, telephone

Tips for drivers and guides

BOOKINGS: CONTACT KITTY - details below



THE TRAVEL LOUNGE, THE PALMS CENTRE
145 SIR LOWRY RD, CAPE TOWN

SOUTH AFRICA TEL: +27(0)21 462 7022

FAX: +27(0)21 462 7022 E-MAIL: kitty@rufaro.co.za Website: www.rufaro.com